



Fig. 2.1 Modal sequence of administration of the NBAS.

## Newborn Behavioral Observations (NBO) Systems

# A M O R

### Autonomic

- Autonomic/Physiological Responses (colour change, tremors, startles)

### Motor

- Tone (legs and arms)
- Rooting and sucking
- Hand grasp
- Pull-to-sit (shoulder and neck tone)
- Crawl

### Organisation (of states)

- Habituation to light/sound (asleep)
- Crying and Soothability
- State Organisation – smoothness of state transitions

### Responsivity (to environment)

- Responses to face and voice (social availability)
- Response to face
- Response to voice (voice recognition)
- Response to sounds
- Response to inanimate stimulus