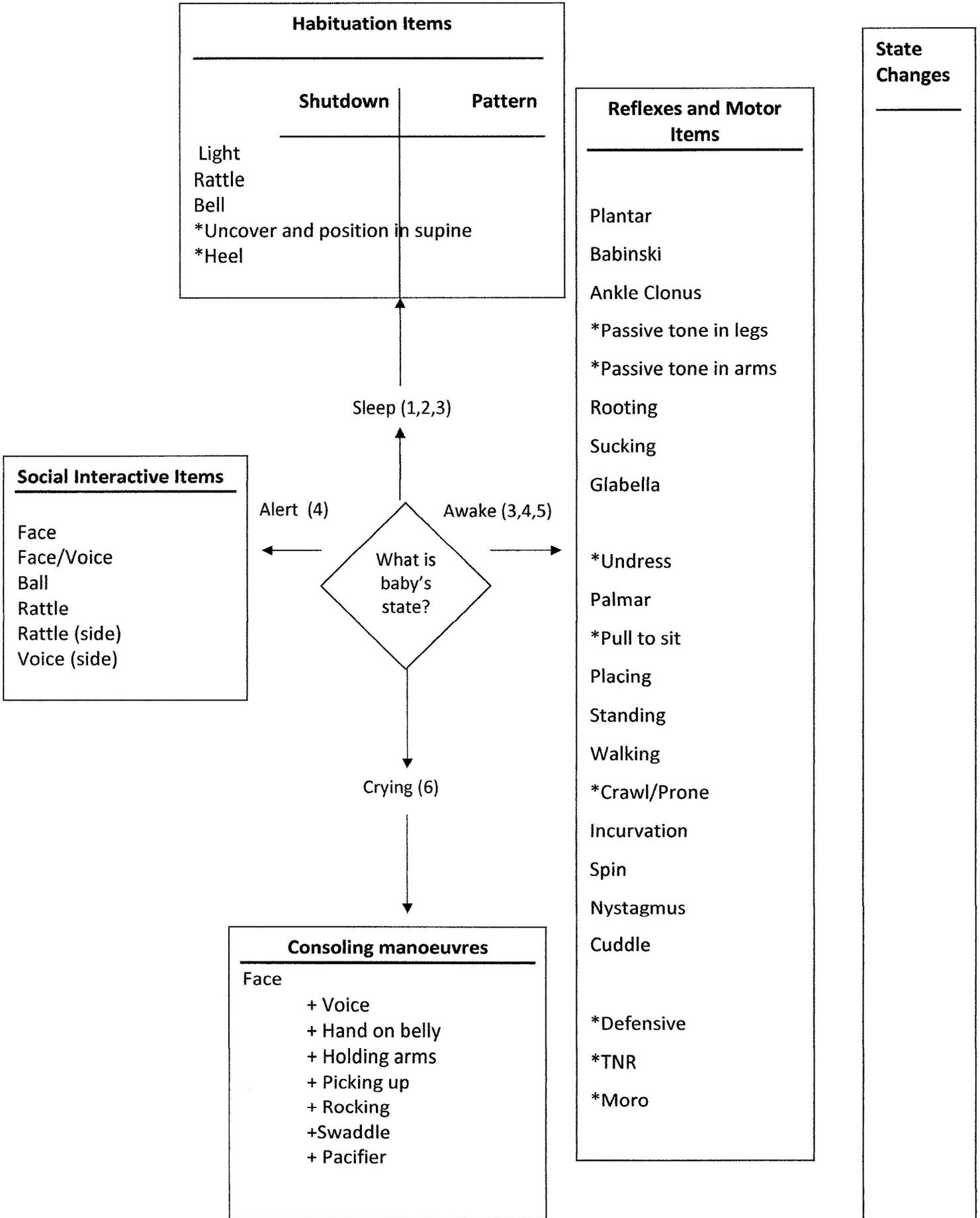


NEONATAL BEHAVIORAL ASSESSMENT SCALE (NBAS) WORKSHEET



Alertness		
<i>Duration</i>	<i>Delay</i>	<i>Support</i>
brief	always	moderate
moderate	sometimes	minimal
Sustained	never	none

Activity Level 4,5)	
<i>Spontaneous</i>	<i>Elicited</i>
none	none
slight	slight
moderate	moderate
much	much

Motor Maturity (4,5)	
<i>Movements</i>	<i>Degrees of arcs</i>
smooth	45° to 90°
jerky	45° or less

Tone (4,5)
hypotonic
average
hypertonic

Consolability (6)
1.
2.

1st cry (6)

Smiles (all states)

Self Quiet (6, 5-4 or lower)	
<i>Action</i>	<i>Number of times</i>
brief attempt (< 5 secs)	
success (5 secs)	
Sustained success (15 secs)	

Hand to Mouth (all states)	
<i>Action</i>	<i>Number of times</i>
swipe	
hold	
insert (3+ sec)	
	(15 sec)

Tremors (all states)	
<i>States</i>	<i>Number of tremors</i>
1,2,3	
4	
5,6	

Startles (awake)
<i>Number of startles</i>

Colour Changes (all states)			
<i>Colour</i>	<i>Degree of change</i>	<i>Onset</i>	<i>Recovery</i>
pale	extremities	early	slow
blue	whole body	with increased stimulation	quick
red			